



# Welcome to Emoya Spa

Emoya Spa will pamper and spoil you with a variety of treatments while you experience the tranquil and serene sights and atmosphere unique to Emoya Spa.

We offer an experience, not only treatments and products. Leave your worries in the change rooms along with your valuables in a locker as you robe for an Emoya Spa experience starting with a complimentary drink in the rainforest footbath area, whereafter you will be taken to the treatment room.

Light lunches and snacks are available on request, served in either the Spa Lounge, with refreshments, or on the Patio by the unheated rock-pool overlooking the bushveld where animals roam freely. If you are lucky, the giraffes and rhinos will stop by for tea-time.









# SIGNATURE treatments

SPIRIT MASSAGE - Full Body	60 min	R600
SPIRIT MASSAGE - Back & Neck	30 min	R450

Experience the Spirit of the Emoya Spa with this truly African inspired Massage. Incorporating Rungus and Calabashes along with hot stones to ward off the stress of daily living.

### BASOTHO FOOT MASSAGE

Couples Massage

R350 45 min

A gentle exfoliating and luxurious soak of the feet, followed by a tension relieving foot massage with Rungus and Hot Stones to relax and re-energise.

EMOYA RASUL - Couple	45 min	R550
EMOYA RASUL - Per Person	45 min	R450

The Jewel of the Spa! A steam room environment is created while guests use a sugar scrub to exfoliate, followed by a mud mask to deeply nourish the skin, ending off with a tropical shower to cleanse and calm. A truly unique experience.

### **CUPPING** 30 min R450 Special cups are placed on the skin to create suction for a few minutes, drawing blood to that area. 60 min R600

Cupping may help with pain, inflammation, blood flow, relaxation, and as a type of deep-tissue massage.

45 min

R800

MASSAGES					
Kalahari Candle FB	60 min	R600	Tula Baba FB (Pregnant Women)	60 min	R600
Kalahari Candle B/N	30 min	R450	Tula Baba B/N (Pregnant Women)	30 min	R450
African Stone FB	60 min	R600	Aromatherapy FB	60 min	R600
African Stone B/N	30 min	R450	Aromatherapy B/N	30 min	R450
African Stone	90 min	R720	Aromatherapy	90 min	R720
Hourglass FB	60 min	R500	Pressure Point Foot	45 min	R400
Hourglass B/N	30 min	R380	African Head Massage	30 min	R350

# SPA journeys

Hourglass Back & Neck Massage, Light Lunch

BASOTHO JOURNEY	R1100
Rasul, Sparkling Mist Jacuzzi, Hourglass Back and Neck Massage, Light Lunch	
EMOYA ESCAPE	R1450
Kalahari Honey Bush Facial, Kalahari Candle Back & Neck Massage, Manicure OR Pedicure, Sauna, Light Lunch	
RESTORE PACKAGE	R1600
Kalahari Cocoon Wrap, Sparkling Mist, Aromatherapy Massage, Light Lunch	
PURE BLISS PACKAGE	R1950
Kalahari Desert Glow Exfoliation, African Head Massage, Kalahari Honey Bush Facial, Kalahari Floating Feet Pedicure, Hourglass Back & Neck Massage, Sparkling Mist Jacuzzi, Light Lunch	
TULA BABA PACKAGE	R1300
Using all natural & safe products to aid in relaxation and ensuring utmost comfort on our special massage bed for pregnant women. Hourglass Back & Neck Massage with Grape Sec Kalahari Honeybush Facial, Kalahari Floating Feet Pedicure and a Light Lunch.	ed Oil,
BRIDAL PACKAGE	POR
Please refer to page 15 for specific packages, or speak to one of our friendly consultants.	
EXECUTIVE PACKAGE	R900
FOR MEN ONLY. Kalahari Honey Bush Facial, Manicure, Grooming (Wax),	

# SPA journeys

CORPORATE PACKAGE	POR
Please enquire for your individual or corporate needs.	
CONFERENCE PACKAGE	POR
Please enquire for your individual conference needs.	
RHINO'S DELIGHT	R2750
Rasul, Emoya Spirit Massage, Kalahari Honey Bush Facial, Royal Foot Treatment, Royal Hand Treatment, Light lunch, Sparkling Mist Jacuzzi	
BLISSFULL PAMPER FOR TWO	R3200
Rasul, Emoya Spirit Massage, African Head Massage, Sparkling Mist Jacuzzi, Light Lunch	
LITTLE LADY PACKAGE (For children under the age of 13 years)	R450
Mini Manicure, Mini Pedicure, Back & Neck Massage	
LITTLE GENTS PACKAGE (For children under the age of 13 years)	R450
Back & Neck Massage, Scalp Massage, Foot Massage	
EMOYA SPA SUNSET PACKAGE	PERSON R1200
Couples Kalahari Candle Massage, Couples Rasul, Signature Foot Bath, Jacuzzi & Light Lunch.	
MOTHER & DAUGHTER PACKAGE (Only available during school holidays)	PER COUPLE R1500

Kalahari Candle Back & Neck Massage, Nimue OR Kalahari Honeybush Facial, Sparkling Mist, Homemade Basotho Iced Tea in our Footbath



# **BODY** treatments

Recommended for cracked and dry heels.

FULL BODY TREATMENTS		
Kalahari Cocoon Wrap	60 min	R550
ADD-ON:	EXTRA	EXTRA
Cellulite Treatment	30 min	R200
Stretch mark Reduction	30 min	R200
Detox	30 min	R200
Kalahari Desert Glow Exfoliation	45 min	R400
HANDS AND FEET		
Kalahari Heavenly Hands	45 min	R280
Royal Hands (includes a Scalp/Foot massage)	90 min	R400
Kalahari Floating Feet	60 min	R380
Royal Feet (includes a Scalp/Foot massage)	90 min	R550
ADD-ON:		EXTRA
Parrafin Dip		R100
Kalahari Pedi & Peel (includes a Scalp/Foot massage)	90 min	R650

All treatments include a complimentary welcome drink and customary soak of the feet in our Signature Rainforest Foot Bath before proceeding to your chosen treatment.



# FACIALS

Nimue Facial		45 min	R460
Nimue Chemical Peel		45 min	R650
Nimue Thermal Detox Peel		30 min	R650
Nimue Microneedling	First Treatment	60 min	R1000
	Treatments 2 to 6	60 min	R800 PER SESSION

A minimally invasive Microneedle roller is utilised to stimulate collagen induction and serves as a trans-dermal delivery device. This increases penetration of active skin care ingredients captured in specially formulated trans-dermal solutions. The roller consists of very fine 1mm needles. Multiple treatments are required to achieve the desired result as the treatments have a cumulative effect. Results can include improved texture and firmness, as well as a reduction in scars, pore size, and stretch marks. Assists with thickening of thin skin, acne scarring, fine lines and wrinkles and pigmentation.

ADD-ON NIMUE SKIN TREATMENTS	EXTRA
Cyanoacrylate SuperFluid - for treating sensitised and inflamed skin	R150
Transdermal NAD SuperFluid - for use on dull skin with signs of wrinkles and sagging	R150
Prebiotic SuperFluid - for the treatment of problematic and acne-prone skin	R150
Retinol SuperFluid - for the treatment of fine lines and wrinkles as well as age spots	R150
Vitamin C SuperFuild - for hyperpigmented skin and dull complexions	R150

 $\mbox{Add}\ 15$  minutes to your total treatment time for the  $\mbox{Add-on}\ \mbox{Skin}\ \mbox{Treatments}$ 



# FACIALS CONTINUED...

### Kalahari Honey Bush Facial

60 min

R420

Sink into deep relaxation with our unique Kalahari Facial that revitalizes dull and dehydrated skin. Also includes a Rainforest Foot Bath with a Welcome Drink, Hot Stone Foot Massage and Scalp Massage with Hot Stones.

### Kalahari TCA Chemical Peel

60 min

R600

TCA, Trichloroacetic acid, is a medium strength chemical coagulant that revitalises the skin by lifting dead surface cells and stimulates skin mitosis. TCA Treatments will effectively refine the appearance of fine lines and wrinkles, enlarged pores and even out skin discoloration. The skin will appear visibly smoother, detexturised and radiant.

### SKINCARE FOR TEENS

### Kalahari High Frequency Deep Cleanse

75 min

R500

An intense purifying treatment that combines deep cleansing with Kalahari<sup>TM</sup> products with Microdermabrasion and soft laser technology to treat breakouts, blemishes and reveal a clean and clear complexion.

ADD-ON KALAHARI SKIN TREATMENTS	EXTRA
Charcoal Mask - Optimal for anti-aging benefits, blocked pores, impurities and dry skin	R150
Lipid Rich Skin Treatment - A botanical oil mask that hydrates the most dry and dehydrated skin	R150
Revitalising Vita-Gel - Highly effective treatment gel that revitalises and rejuvenates the skin	R150
Phytic Clay Mask - Effectively targets hyperpigmentation, de-ageing and rejuvenation of the skin.	R150
Phyto Compounding - Selection of African Mud, Clays and Phyto-effective gels compounded especially to your skin needs	R150
Peel Away - Ideal treatment enhancer for effective pore purifying and skin clarifying results	R150
Vitamin C - Ultra-firming, anti-ageing treatment rich in natural, organic Vitamin C and essential antioxidants	R150
Phyto Enzyme Compound - Highly effective; deep cleanse exfoliation treatment with enzymes	R150

Add 15 minutes to your total treatment time for the Add-on Skin Treatments



# SPA treatments

WAXING			NAILS		
Half leg/back/chest	-	R120	Gel on Natural Nails	-	R280
Three quarter leg	-	R140	Gel French on Natural Nails	-	R290
Full Leg - Ladies	-	R190	Soak, Buff and Shape	-	R120
Full leg - Gents	-	R300	Gel Toe Nails	-	R200
Full arm	-	R150	Soak and Buff	-	R100
Under arm	-	R85	TUTUG	•	
Bikini	-	R110	TINTING		
Brazilian	-	R220	Eyelash	-	R50
Hollywood	-	R320	Eyebrow tint	-	R50
Lip/Chin/Nostril	-	R60	Eyelash and Eyebrow	-	R75
Full Facial Wax	-	R170	Spraytan	-	R400
Eyebrow Shape	-	R60	MAKEUP		
			Occasion	-	R250
			Bridal (includes trial)	-	R700



# SPA deck

Emoya Spa's extended deck for group bookings overlooks the lush veld and can accommodate 10-30 people at a time. Bookings are a minimum of 6 people or more to get our special group package rates.

Speak to us for a tailor made package for your Spa Day. You can celebrate any occasion with a spa party! Bachelorettes, Baby Showers, Birthdays, Secretaries' Day and much more!

### AFRICAN DAISY PACKAGE

PER PERSON R910

Emoya Spirit Full Body Massage (60 mins) Basotho Foot Massage (45 mins) Breakfast or Light Lunch, sparkling wine on arrival.

Minimum 6 or more people.

### IMPALA LILY PACKAGE

PERSON R485

Emoya Spirit Back & Neck Massage (45 mins) Light Lunch with sparkling wine on arrival.

Minimum 6 or more people.



# HOTEL & SPA packages

FULL DAY HOTEL & SPA PACKAGE

Per Couple (Double Room)

R4 995

Per Person (Single Room)

R2 999

Ideal for couples or friends, 6 hour Spa treatments include Full Body Massage, Kalahari Honey Bush Facial, Kalahari Floating Feet Pedicure, Kalahari Heavenly Hands, Sparkling Mist Jacuzzi and Rasul, with a light lunch and champagne included. Accommodation at the Basotho Hotel, breakfast included, followed by a Farm Game Drive the following day to take in the various species on the Estate.

HALF DAY HOTEL & SPA PACKAGE

Per Couple (Double Room)

R4 500

Per Person (Single Room)

R2 800

Perfect for a quick getaway for a couple or friends, Spa treatments include Back and Neck Spirit Massage, Kalahari Honey Bush Facial, Kalahari Floating Feet, Sparkling Mist Jacuzzi and Rasul, with a light lunch and champagne included. Accommodation at the Basotho Hotel, breakfast included, followed by a Farm Game Drive to take in the various species on the Estate the following day.

### EMOYA SPA PACKAGE

Per Person

R580

FOR 6 OR MORE PEOPLE.

Sparkling Mist Jacuzzi, Rasul, Sauna, Outside Rock Pool (not heated), Rainforest Foot Bath and a Welcome Drink.

Speak to us for a tailored package for your Spa Day.

# SPECIAL OCCASION packages

# QUEEN BRIDAL PACKAGE

R3000

Feel like a queen on your big day. We have everything covered starting with an indepth Trial to finalise your look before final makeup on the day. This package adds in 3 facials covering the 3 months prior, as well as a brow shape and tint, a full set of Gel or Acrylic Nails, with Nail Art, and a choice of 10 sunbed sessions or spraytan.

# SHAKIRA PACKAGE (SPECIAL OCCASION / MATRIC FAREWELL)

R1100

We have you covered for your next event. We trial your look before a full Make-up on the day. Our package also includes a Brow Shape and Tint as well as a Full Set of Gel or Acrylic Nails, with Nail Art.

### ADD-0N:

Sunbed (10 sessions) R250

Spraytan R400

2 Facials R800

Ask us about customised packages for your bridal party.







# SPA facilities

The use of the facilities such as the Sauna, Sparkling Mist and Rock Pool (not heated) are included in treatments over R1000. (Does not include Rasul).

Emoya Rasul - Couple	45 min	R550
Emoya Rasul - Per Person	45 min	R450
Sauna	30 min	R100
Sparkling Mist Jacuzzi	30 min	R180
SUNBED		
One Session	10 min	R30
Ten Sessions	10 min	R280

Lunch can be added to each treatment for a minimum of R80 per person, please speak to the receptionist. Prior booking is required.

### **EMOYA SPA Policy**

- As Emoya Spa offers an expierence we ask that you arrive 15 minutes before treatment time.
- Emoya Spa requires a 50% deposit with each booking to secure it. Bookings not cancelled within 24 hours will require a cancellation fee of 50%.
- Late arrivals will be finished within the scheduled time while the fee will remain unchanged.
- We do not accept responsibility for lost, stolen or damaged valuables, cash or personal items, whilst making use of the spa and facilities of Emoya Spa.
- Appropriate swimwear is required during the use of the facilities.
- We provide lockers in the changing rooms for your items.
- Prices are subject to change without notice.













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